

THE BREAKFAST CLUB

Available 9am -1130am Everyday

Goodwood Back Bacon Sandwich	£3.50
Goodwood Back Bacon & Free Range Egg Sandwich	£3.75
MR Starrs Sausage Sandwich	£3.75
MR Starrs Sausage & Free Range Egg Sandwich	£3.95
Free Range Scrambled Eggs on Toast	£4.95
Free Range Dippy Eggs & Marmite Soldiers	£4.75
Free Range Poached Eggs on Toast	£4.75
Free Range Scrambled Eggs & Chalk Stream Trout on Toast	£6.95
Avocado on Toast with poached free range eggs, fresh lime, seeds and chilli flakes	£6.50
Add Chalk Stream Trout	£2.50
Add Goodwood Bacon	£1.50
Small Breakfast (Free range egg, Goodwood back bacon, MR Starrs sausage, mushrooms, beans, hash brown, grilled tomato, black pudding and toast)	£7.50
Fat Boy Breakfast (As above x2 free range eggs, bacon, sausage)	£8.50
New York Breakfast (6oz sirloin steak with free range fried eggs, grilled tomato and hand cut chips)	£9.95
Veggie Breakfast (Tomato, bubble & squeak, fried eggs, mushrooms, beans and toast)	£6.95
Extras	£1.00

Our breakfasts are cooked to order using fresh, locally sourced produce. In busy periods there will be a short wait.

SPECIALS

See blackboards for seasonal monthly specials
Locally caught fish is our speciality.

We believe in providing you with the best possible pub grub. We chop, peel & cook our hearts out to bring you tasty honest meals, using quality fresh local ingredients as best we can.

THE BLUE BELL INN

EMSWORTH

FOOD MENU

ABOUT THE BLUE BELL

Owned by a Mr Hipkin, who also owned the brewery to the rear of the pub, it was originally called The Brewery Tap.

The first Blue Bell was further down South Street in Emsworth, and when the brewery closed the site was sold to a Mr Leslie Marsh, who developed it as a builders yard; later other industries such as Lewmar Marine also utilised the area.

After the Second World War lorries and delivery trucks were getting bigger and they had difficulty turning from South Street into the narrow entrance to the works. So, in 1953, Leslie paid to have the Blue Bell demolished and rebuilt on the other (northern) side of the entrance, allowing him to widen the access to his yard.

A free house, the Blue Bell has been owned by the Babb family since 1994 - the current landlord is Giles Babb.

We are committed to providing you with high quality produce that reduces food miles and supports our local economy. We are proud to use suppliers such as MR Starrs of Emsworth, Stansted Farm Shop, Southbourne Farmshop & Bakehouse, Goodwood Estate, Bellord and Brown Grocers, and Johnsons Fish Enterprises. We are also associated with the Hampshire Farmers Market and Hampshire Fare organisations where we can discover and promote exciting new local products. For specific information please ask a member of staff.



SANDWICH/BAGUETTE

Lunchtime only:

Served with salad garnish, coleslaw, granary or white bread or a freshly baked white baguette.

Honey & Mustard Home Roasted Ham	£4.95/£5.50
6oz Aberdeen Angus Steak & Onion (Baguette only)	£8.50
Free Range Chicken, Lettuce & Mayo	£4.95/£5.50
MR Starrs Sausage & Onion	£4.95/£5.50
Smoked Chalk Stream Trout & Cream Cheese	£5.95/£6.50
Goodwood Back Bacon, Brie & Homemade Cranberry	£4.95/£5.50
Goats Cheese & Red Onion Chutney	£4.75/£5.25
Goodwood Back Bacon	£4.75/£5.25
Fresh Crab & Dill Mayo	£5.95/£6.50
Prawn Cocktail	£5.95/£6.50
Fish Finger Sandwich	£5.95/£6.50
Cheese & Pickle	£4.75/£5.25

Add a cup of the 'Soup of the Day' for £1



TAKE AWAY



Fish & Chips	£7.50	Garden Peas	£1.00
Homemade Tartare Sauce	£1.00	Mushy Peas	£1.00

Although great care is taken when preparing our foods, some food items may contain traces nuts. For further allergy advice please speak to a member of staff.

PLOUGHMAN'S LUNCH

Also available for Dinner!

A pub staple - all served with salad, artisan bread, handmade piccalilli & chutney, pickles and homemade coleslaw, choose from:

Homemade Chicken Liver Parfait

Brighton Blue A mild, semi-soft cheese with a mellow blue flavour and a slightly salty finish.

St Giles A continental-style, semi-soft creamy medium strength cheese.

Goodwood Charlton a creamy, firm textured farmhouse cheese, similar to cheddar, with long, rich flavours and a tangy finish

Home Cooked Honey and Mustard Roasted Ham

All £7.95

STARTERS & SNACKS

Spanish bar mix or Chilli Olives £4.95
With a selection of breads, olive oil and balsamic dip.

Chef's Chicken Liver Parfait £5.95
Home made chicken liver parfait served with toast & red onion chutney.

Chef's Soup of the Day £4.95
Homemade soup of the day served with Southbourne Bake House artisan bread.

Fresh 'Blue Bell' King Prawns S £6.95 M £13.95
Fresh 'Blue Bell' king prawns cooked with chilli, garlic and fresh ground spices, garnished with fresh coriander and a wedge of lime. Served with Southbourne Bake House artisan bread.

Whitebait S £6.95 M £11.95
Crispy deep fried breaded whitebait with home made tartare sauce together with artisan bread and butter.

Stuffed Camembert £8.95
Whole baked Camembert stuffed with garlic and thyme, served with a warm ciabatta and homemade chilli jam. Perfect to share.

Pan Fried Scallops S £6.95 M £13.95
On a bed of balsamic dressed salad with chorizo and crispy pancetta.

Garlic Bread/Cheesy £3.50/£3.95

MAINS

Home Made Pie of the Day £10.95
Served with a choice of hand cut chips, mash potatoes or new potatoes and garden peas or fresh vegetables.

The Blue Bell's Volcanic Chilli Con Carne £9.95
Not for the faint hearted this powerful chilli is packed full of flavour served with rice or chips and if you want to turn down the heat sour cream.

Ham, Egg and Chips £9.95
Honey and mustard roasted ham with two free-range eggs, hand cut chips and handmade piccalilli. Served with garden peas. Garnished with watercress.

Whole Tail Scampi £12.95
Served with hand cut chips, garden or mushy peas, homemade tartare sauce and a wedge of fresh lemon.

The Blue Bells 'Famous' Beer Battered Fresh Fish and Hand Cut Chips £12.95
"Best in the land" - The Times service spy
With garden or mushy peas, homemade tartare sauce and a wedge of fresh lemon.

Homemade Lasagne £9.95
Inspired by what Giles' Mum used to serve him as a boy this rich classic lasagne is just like Mumma used to make! Served with salad and hand cut chips.

Butternut Squash and Goats Cheese Lasagne (V) £11.50
Vegetarian lasagne, made with butternut squash, courgettes and mixed peppers in a rich tomato sauce layered with creamy bechamel and goats cheese, served with hand cut chips and salad.

Blue Bell Fish Pie £12.95
A combination of salmon, smoked haddock, cod and prawns in a creamy sauce topped with mash and cheese. Served with fresh vegetables.

MR Starrs Sausage and Mash £9.95
MR Starrs's traditional sausages made in the local butchers 200 yards away, on a bed of creamy mash served with a rich onion gravy and garden peas.

Chefs Home Seasonal Risotto (V) £11.95
Add Chicken or Prawns £2.00

Prawn & Hot Smoked Chalk Stream Trout Salad £12.95
Mixed salad topped with prawns, hot smoked trout and a classic marie rose sauce.

FROM THE GRILL

Served with grilled tomato, field mushrooms, hand cut chips & garden peas garnished with watercress.

8oz Rib Eye £18.95
Large slightly rounded steaks cut from the eye of the fore rib. They carry a little more fat than other steaks, but have a wonderful flavour. Garnished with watercress.

8oz Sirloin £18.95
Sirloin steak has a great flavour. Steaks are cut to about 2cm (3/4 inch) thick and have a thin layer of fat running along the top of the steak. Garnished with watercress.

8oz Gammon Steak £14.95
The gammon steak is a stalwart on pub menus throughout the land, ours is served with a free range egg & pineapple. Garnished with watercress.

Blue Bell Surf 'n' turf £19.95
8oz sirloin steak (as above) topped with 3 garlic king prawns. Garnished with watercress.

Peppercorn Sauce or Brighton Blue Cheese Topping £3.00

DESSERTS

Various Desserts See our blackboard for details £5.50

Ice Cream
1 Scoop £1.50 / 2 Scoops £3.00 / 3 Scoops £4.50

Cheese Board £6.95
A selection of 4 British cheeses with red onion chutney and rye crackers.

SIDES

Fresh Mixed Salad £2.50
Cauliflower Cheese £2.50

Fresh Seasonal Vegetables £2.50
Hand Cut Chips £2.50

Artisan Bread & Butter £2.50
Hand Cut Cheesy Chips £3.50